

TEAM CANADA

NATIONAL PROGRAM 2026 - 2027





INTRODUCTION

This program is designed to hone the skills and strengths of high performance athletes, preparing them to represent our nation on the global stage. With a focus on training, strategic development and support. We strive to cultivate a culture of success and teamwork. Join us as we push boundaries and inspire the country with our passion for excellence.

This program will have a blended delivery with virtual, asynchronous support as well as hands-on practical instruction for all athletes.

STAFF

Our team is made up of committed coaches, along with medical and support personnel.

Our coaching staff for the season are:

ALL GIRL PREMIER

Geneviève Lafrance
Catherine Barrette Bourque
Angelus Gerlich-Fitzgerald

COED PREMIER

Kurt Ford
Nat Vonlanthen
Lisa Aucoin

CROSS PROGRAM PREMIER SUPPORT COACH

Stephany De Rosa

ALL GIRL NTTTP

Kate Bell
Hailey Verburg

COED NTTTP

Kaitlyn Harvey
Dan Yip



SCHEDULE

All Canadian camps have first training in the afternoon of the first listed day and Monday release in the afternoon to allow for travel.

August 21 - 24 TORONTO
October 9 - 12 MONTREAL
December 18-21 ONTARIO
March 26 - 29 CALGARY

WORLDS for rostered athletes

April 17 arrival in Tampa
April 18 - 21 training camp
April 21 - 23 ICU

NOTE: Save the date for Pan Am 2027 in Puerto Rico on May 29 - 30 2027, which is an optional upcoming opportunity for our athletes and is separate from our current program package. More details will be shared soon.



ATHLETE FUNDRAISING GOALS

Athletes are required to provide their own transportation, meals, and accommodations at the camp locations.

NTTP: \$1800*

TCP Rostered: \$3600

Note: NTTP does not include a uniform or track suit. If attending a future event will need to be added on.

Non-refundable fee dates:

\$100 application fee

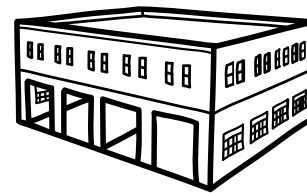
\$300 acceptance fee: August 1

\$700 October 1

\$700 December 1

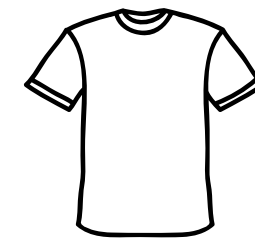
\$1250 February 1 (TCP only)

\$550 March 1 (TCP only)



Training Camps

Facility rentals, staff, and coaches' expenses.



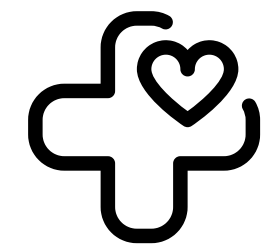
Clothing Package

National Team specialty apparel



Insurance

Insurance coverage. This is not travel insurance. We recommend you purchase your own based on your travel needs



Medical

Access to medical supplies for new injuries and medical during camp

REQUIREMENTS

Athletes applying must be current members of Cheer Canada and must register to be members in the 2026-2027 season when their provincial platform opens. Please contact your PTSO regarding any membership questions.

Athletes must be born in 2011 (NTTP only), 2010 (Premier eligible), or earlier.

Athletes are required to be a minimum of six (6) months as a consecutive permanent resident in Canada prior to competition.

Athletes must be eligible to travel to the USA with a passport valid for a minimum of six (6) months past the date of return from the competition.

Athletes will become registered athletes in the National Athlete Pool as per the requirements of Sport Integrity Canada and must meet anti-doping requirements year-round. Further information is available here. -

<https://sportintegrity.ca/canadian-anti-doping-program>

It is highly recommended that athletes try out as a full stunt group for AG and a pair for Coed. It is possible that not all members of a group will be selected OR work together all season, as the coaches MAY mix athletes from different groups to maximize the potential of the team.



APPLICATION

If you meet the requirements, complete the form with your video submission and application fee of \$100 by **June 30, 2026**

- Athletes who were on TCP 2026 at ICU still need to submit an application, but do not need to submit a new video providing their group/pair is fully intact with all athletes returning.

Start with an introduction with your name, your position, and your province of residence.

Please do not include any sound (background noise, music, counting, etc.) after the introduction.

Only include videos taken within the past month (if not able to, explain why not).

Tumbling should be on a non-sprung floor where possible. Please show the floor surface (i.e., sprung or non-sprung in EVERY tumbling clip).



SKILLS LIST

Showcase the advanced version of each stunt only if mastered. You do not need to include more than one version of each skill.

Skill Name		AG Premier & Nttp	Co Ed Premier & Nttp
TUMBLING			
Standing Tuck/Full	Back/vrille sur place	✓	✓
Handspring Handspring Tuck/Layout/Full	Flic Flic salto arrière groupe/tendu/vrille	✓	✓
Round Off Handspring Layout/Full	Rondade Flic salto arrière tendu/vrille	✓	✓
Specialty to Full	Combo à vrille	✓	✓
If tumbling is recorded on spring floor, please note that in your video			
BASKETS / PROJECTION			
Back Layout/Full/Double	Projection Tendu / Vrille / Double Vrille		
Arabian / Arabian Half/ Arabian 1.5	Projection Arabian / Arabian 1/2 / Arabian 1.5		
X Out / X out Full	Projection X out / X out twist		
Additional Mastered Baskets		✓	✓
Please only display the most difficult variant you have mastered from each skill			
DISMOUNTS / DEMONTAGE			
Front Tuck	Démontage salto avant groupé		
Back Tuck	Démontage salto arrière groupé		
<i>Or / Ou</i>			
Back Layout Half Dismount	Démontage salto arrière tendu demi tour	✓	✓
Arabian Dismount	Démontage arabian		

SKILLS LIST

Showcase the advanced version of each stunt only if mastered. You do not need to include more than one version of each skill.

Skill Name		AG Premier & Nttp	Co Ed Premier & Nttp
STUNTS			
Back handspring up	Entrée flic jusqu'à 2 pieds extension / avec twist		✓
	<i>Or / Ou</i>		
Back Handspring Full to Lib or 2 feet	Entrée flic jusqu'à 2 pieds extension / avec twist	✓	
Rewind to prep/ extened 2 feet	Rewind jusqu'à 2 pieds en extension / à figure (1 pied) / non assisté		
	<i>Or / Ou</i>		
Rewind to stretch (AG) or Cupie (COED)	Rewind jusqu'à 2 pieds en extension / à figure (1 pied) / non assisté	✓	✓
Round off Rewind to prep/ extened 2 feet	Rondade Rewind jusqu'à 2 pieds au niveau des épaules / en exten		
	<i>Or / Ou</i>		
Round off Rewind to Extended Body Position	Rondade Rewind jusqu'à 2 pieds au niveau des épaules / en exten	✓	✓
Front handspring 1/2	Entrée saut de main 1/2 twist	✓	✓
	<i>Or / Ou</i>		
Front Handspring 1.5	Entrée saut de main 1 & 1/2 twist		
Hand in Hand (prep or ext) Pop to Extension / Half	Équilibre du niveau des épaules ou plus haut, jusqu'à 2 pieds en ex		
	<i>Or / Ou</i>		
Extended hand in hand to Lib (AG) or Cupie (COED)		✓	✓
Extended Full Around to Single Leg / from Single leg	Rotation twist à partir d'un stunt 2 pieds en extension jusqu'à 1 pied	✓	
Toss Lib	Toss Lib		
Toss Cupie	Toss Cupie		
Toss Full Up / Double up	Toss 360 / double jusqu'en extension		✓



THANK YOU

We can't wait to see all you accomplish!