

Scholastic Performance Cheer Division List

Adopted on: June 21, 2023



DIVISION LIST NOTES

The Cheer Canada Division List and Age Grid is based on the IASF Division List, with a few differences based on unique circumstances in Canada. Please find below a list of the divisions to be available in Canada for the 2023-2024 Competitive Season.

Cheer Canada National Championship: In addition to specific divisions listed below, this major event includes our International governing body's ICU categories. All divisions will be noted in the information package for the event. Cheer Canada promotes the offering of these divisions during events and the participation of teams in these categories to get closer to international standards and to align with the International Cheer Union.

DIVISION SPLIT SUGGESTIONS

Cheer Canada recommends to split the teams as equitably as possible while considering the following:

- Similar size teams within the split
- Similar number of teams in the split
- Programs with multiple teams within an age division may compete against each other. Crossovers between these two teams in the same division are not permitted.

** Event Producers may also split divisions into All Male, Coed and All Girl when applicable. **

Scholastic Performance Cheer DIVISIONS	GRADES	GENDER	# ON TEAM
Primary Novice	1-4	Mixed	4-30
Primary	4-6	Mixed	4-30
Junior High	6-10	Mixed	4-30
Senior High	9-12	Mixed	4-30
Post Secondary	Post Secondary	Mixed	4-30

TIME LIMIT

Routine time maximum of 2:00

GENDER

All Girl = No males on team Coed = A minimum of 1 male or 1 female on team All Male = No females on team

CATEGORIES

Cheer Canada offers the categories of pom, jazz and hip hop for all ages/teams. The Pom Doubles division is also available for all ages and consists of two athletes (similar to the tumbling duo division available in cheer).

IMAGE POLICY

All teams must comply with Cheer Canada's Image Policy.



CROSSOVERS

- An individual athlete may not be permitted to crossover from one scholastic program to another within the same event.
 NOTE: An athlete may or may not be permitted to compete at the same event for an All-Star program and a scholastic program, as determined by their PSO.
- An individual athlete may compete in up to 3 Performance Cheer routines during an event.
 - NOTE: Please consult all related crossover policies that may be in effect for the event, and the PSO and athletic association if you are attending a year end competition, or crossing between All Star and Scholastic. Some events and provinces may have additional restrictions.
- All teams competing for bids to year end competitions should ensure they are following all rules related to bid eligibility and crossovers.

** Cheer Canada reminds all programs to consult with the appropriate event producer and governing authority to ensure their team meets all requirements such as size, composition, and eligibility for the event they plan to attend. **

UNPLANNED ATHLETE REPLACEMENT

• If the replacement does not meet the grade requirements for that division then the team's performance will be for exhibition only.