



All Star Cheer Division List

2021-2022 Competitive Season

Adopted on: 04/29/2021



DIVISION LIST NOTES

The Cheer Canada Division List and Age Grid is based on the IASF Division List, with a few differences based on unique circumstances in Canada. Please find below a list of the divisions to be available in Canada for the 2021-2022 Competitive Season.

AGE ELIGIBILITY

The eligible age for an athlete is determined by the BIRTH YEARS column in the division list. The age of an athlete is based on the year of Worlds; so, this year's Age Eligibility is based on 2021. Therefore, an athlete is age eligible if they are of the given age for that category at any time between January 1, 2022 and December 31, 2022.

Note that the format "U followed-by-age" really means that age and younger. For example, U8 should be read as age 8 and younger. For the easiest understanding of athlete age eligibility, as stated above, use the BIRTH YEARS column.

**** Cheer Canada encourages all teams competing outside of Canada to consult with the appropriate event producers and governing authorities to ensure their team size and composition meet event specific requirements. ****

**** IASF COVID-19 AGE GRID ADJUSTMENTS **** Please refer to the Appendix at the end of this document to review the adjustments that have been extended due to the Covid-19 virus through the 2021-2022 season. These IASF adjustments have been fully adopted by Cheer Canada and are reflected in [red] in the Age Grid tables below.

DIVISION SPLIT SUGGESTIONS

Cheer Canada recommends to split the teams as equitably as possible while considering the following:

- Similar size teams within the split
- Similar number of teams in the split
- Programs with multiple teams within an age division may compete against each other. Crossovers between these two teams in the same division are not permitted.

NOVICE CHEER DIVISIONS	BIRTH YEARS	AGE	GENDER	# ON TEAM	LEVEL
U6 Novice (formerly Tiny)	2015-2018	4-6 yrs	Mixed	5-30	NOVICE
U8 Novice (formerly Mini)	2013-2017	5-8 yrs	Mixed	5-30	NOVICE
U12 Novice (formerly Youth)	2009-2014	8-12 yrs	Mixed	5-30	NOVICE
U16 Novice (formerly Junior)	2005-2012	10-16 yrs	Mixed	5-30	NOVICE
U18 Novice (formerly Senior)	2003-2008	14-18 yrs	Mixed	5-30	NOVICE

PREP CHEER DIVISIONS	BIRTH YEARS	AGE	GENDER	# ON TEAM	LEVEL
U6 Prep (formerly Tiny)	2015-2017	5-6 yrs	Mixed	5-30	1
U8 Prep (formerly Mini)	2013-2017	5-8 yrs	Mixed	5-30	1, 2
U12 Prep (formerly Youth)	2009-2014	8-12 yrs	Mixed	5-30	1, 2
U17 Prep (formerly Junior)	2004-2012	10-17 yrs	Mixed	5-30	1, 2, 2NT
U19 Prep (formerly Senior)	2002-2008	14-19 yrs	Mixed	5-30	1, 2, 2NT



ALL STAR CHEER DIVISIONS	BIRTH YEARS	AGE	GENDER	# ON TEAM	LEVEL
U6 (formerly Tiny)	2015-2017	5-6 yrs	Mixed	5-30	1
U8 (formerly Mini)	2013-2017	5-8 yrs	Mixed	5-30	1, 2
U12 (formerly Youth)	2009-2014	8-12 yrs	Mixed	5-30	1, 2, 3, 4, 2NT, 3NT, 4NT
U17 (formerly Junior)	2004-2012	10-17 yrs	Mixed	5-30	1, 2, 3, 2NT, 3NT, 4NT, 5NT
U17 AG (formerly Junior AG)	2004-2012	10-17 yrs	No Males	5-30	4, 5
U17 Coed (formerly Junior Coed)	2004-2012	10-17 yrs	Mixed	5-30	4, 5
U19 (formerly Senior)	2002-2008	14-19 yrs	Mixed	5-30	1, 2, 4.2, 2NT, 3NT, 4NT, 5NT, 6NT
U19 AG (formerly Senior AG)	2002-2008	14-19 yrs	No Males	5-30	3, 4, 5, 6
U19 Coed (formerly Senior Coed)	2002-2008	14-19 yrs	Mixed	5-30	3, 4
U19 Small Coed (formerly Senior Small Coed)	2002-2008	14-19 yrs	1-5 Males	5-30	5, 6
U19 Medium Coed (formerly SR Med Coed)	2002-2008	14-19 yrs	6-8 Males	5-30	5, 6
U19 Large Coed (formerly Senior Large Coed)	2002-2008	14-19 yrs	9-20 Males	5-30	5, 6
Open	Born in 2008 or earlier	14+ yrs	Mixed	5-30	4.2, 3NT, 4NT, 5NT
Open AG	Born in 2008 or earlier	14+ yrs	No Males	5-30	3, 4, 5, 6, 6NT, Global 6
Open Coed	Born in 2008 or earlier	14+ yrs	Mixed	5-30	3, 4, Global 6, 6NT
Open Small Coed	Born in 2008 or earlier	14+ yrs	1-4 Males	5-30	5, 6
Open Large Coed	Born in 2008 or earlier	14+ yrs	5-20 Males	5-30	5, 6
Open AG	Born in 2005 or earlier	17+ yrs	No Males	5-30	7, 7NT
Open Small Coed	Born in 2005 or earlier	17+ yrs	1-4 Males	5-30	7
Open Large Coed	Born in 2005 or earlier	17+ yrs	5-20 Males	5-30	7
Open Coed	Born in 2005 or earlier	17+ yrs	1-20 Males	5-30	7NT
Masters *only if not eligible for a U19 team*	Born in 2004 or earlier	18+ yrs	Mixed	5-30	2NT

TIME LIMITS

- Novice = Maximum Routine length of 1:30 minutes
- Prep = Maximum Routine length of 2:00 minutes
- All Star = Maximum Routine length of 2:30 minutes
- All Star Non-Tumbling = Maximum routine length of 2:00 minutes
- All Star Global Club = Routine time limits as follows:
 - 30 - 40 seconds maximum for an opening cheer,
 - 20 seconds maximum to start the music portion, and
 - 2:30 maximum music portion.
- All Star Masters = Maximum routine length of 2:00 minutes
- Specialty Divisions = Maximum Routine length of 1:00 minutes

COED TEAMS

- The maximum number of males on a COED team may not exceed two thirds ($\frac{2}{3}$) of the team.
Example: If an **Open Level 5 Large Coed** team has a total of 18 athletes competing on the floor; the maximum number of males allowed on the team would be restricted to 12.

IMAGE POLICY

All teams must comply with Cheer Canada's Image Policy. By 2022, any team that competes outside of its country must follow the Image Guidelines set forth by that country and/or the IASF.

CROSSOVERS

- Athletes cannot cross between Novice, Prep and All Star
- An individual athlete may not be permitted to crossover from one program to another within the same event.
 - **EXCEPTION:** An athlete may crossover to another program's level 7 team if their initial program does not offer level 7 or level 7NT.
 - **NOTE:** An athlete may or may not be permitted to compete at the same event for an All-Star program and a scholastic program, as determined by their PTSO.
- An individual athlete is limited to compete on no more than three teams during an event.
 - **NOTE:** Please consult all related crossover policies that may be in effect for the event, **and** the PTSO and athletic association if you are attending a year end competition or crossing between All Star and Scholastic. Some events and provinces may have additional restrictions.
- All teams competing for bids to year end competitions should ensure they are following all rules related to bid eligibility and crossovers.

**** Cheer Canada reminds all programs to consult with the appropriate event producer and governing authority to ensure their team meets all requirements such as size, composition, and eligibility for the event they plan to attend. ****

UNPLANNED ATHLETE REPLACEMENT

- A program may replace a missing member of a team with another athlete from their program even if not listed on the event's Official Event Roster.
- If the replacement does not meet the age requirements for that division then the team's performance will be for exhibition only.
- A team is limited to a maximum of 3 replacements. If a team requires more than 3 replacements, then the team's performance will be for exhibition only.
- For bid events to the IASF World Championships, please refer to the IASF Alternate and Substitution rules.



APPENDIX

IASF COVID-19 AGE GRID ADJUSTMENTS

Due to the Covid-19 virus, the IASF has extended the adjustments to the age eligibility through the 2021-2022 season.

Adjustment 1. For the 2021-2022 Season, the U17 (formally known as Junior) teams are allowed an additional year of eligibility at the upper end of the age range. You will see this in **RED** when you look at the Age Grid.

Adjustment 2. For the 2021-2022 Season, the U19 (formally known as Senior) teams are allowed an additional year of eligibility at the upper end of the age range. You will see this in **RED** when you look at the Age Grid.

IASF DIVISION LIST

The complete listing of IASF Divisions, including more restrictive criteria for teams seeking bids to compete at the IASF World Championships may be found in the link below:

http://www.iasfworlds.com/wp-content/uploads/2021/03/2021_2022-IASF-CHEER-AGE-GRID-3_19_20.pdf